

What Can I Do (4 years old- Pre-k)

Week 1

BIG IDEA

I can listen to God's voice.

BIBLE

Jesus and John the Baptist: Mark 1:4-11

WELCOME TIME

ACTIVITY | Career Canter

CHECK IN: Bethany

Greet each preschooler animatedly as they arrive and help them feel welcome and secure. Parents will feel more assured leaving their little ones, and it will help preschoolers to connect with you.

Bracelets: Elliot

SOUND: Titus

ACTIVITY: Annabel

- **INSTRUCTIONS:** Print the [images provided](#) of people in different jobs and tape around the room. When the leader calls out a job have the kids run to stand by the corresponding picture.
- **Has anyone ever asked you what you want to do when you grow up?**
- I got asked that question a lot when I was younger, too. But we feel so little sometimes, so the better question might be, "What *can* I do?" The Bible teaches us we can do a lot of things with God's help!

WELCOME AND RULES: Elliot

1. Put Up
2. Sit Up
3. Look Up
4. Zip Up
5. Have Fun!

Any Memory Verse Charts from last week?: Kat/Melissa

If yes, bring them on stage for a picture and then remember when parents come, they can pick out a toy from the treasure chest.

TITHES/OFFERINGS: Kat/Melissa

Books of the Bible: Elliot- Introduce the New Testament - Matthew, Mark, Luke, John (do 2 or 3 times)

STORY TIME

BIG IDEA | I can listen to God's voice.- Bethany

- **INSTRUCTIONS:** *introduce the big idea*
- **What can I do?** Today's Big Idea says . . . **I can listen to God's voice!**
 - **I** (*Point to self.*)
 - **Can listen** (*Put one hand up to ear.*)
 - **To God's** (*Point to sky.*)
 - **Voice** (*Point to your mouth.*)

SCRIPTURE | Mark 1:4-11 (Jesus and John the Baptist)- Kat/Melissa

Read John baptizes Jesus from a preschool story bible then go through the script below

- In the Bible, in Mark chapter 1, we find a man named John the Baptist who had a very important job, so he needed to listen, too.
- His job was to tell everyone that Jesus was coming to save the world from sin. Sin is the stuff we do that God doesn't want us to do. With Jesus, we can ask God to forgive our sins.
- Some people may not have believed John, but John listened to God's voice and did the job God gave him. He wore an interesting uniform: camel hair and a leather belt. This wasn't part of the job, but he ate locusts and honey — a locust is kind of like a grasshopper!
- He also baptized people in the river, which was how people showed they were ready to follow God.
- Then one day, Jesus himself showed up to be baptized by John! Jesus went into the water. When Jesus came up out of the water, God's spirit came down like a dove and God's voice said, "This is my son and I love him!"
- John knew that he had been doing the right job all along. John listened to God and kept telling others about Jesus!

Pray

I can do all things

(point to self)

through Christ

(point up)

who strengthens me

(flex muscles)

Philippians 4:13

(make bible with hands)

Bethany- Play transitional video and then release to small groups

SHARING TIME

ACTIVITY | Circle Time

Icebreaker- Introduce yourself and get to know your small group kids

Give out stickers for participation!

If children don't know the answer to a question, help by prompting them/giving hints or have them repeat the answer after you. ALWAYS use encouragement during small group time

- **Who did God send to tell people about Jesus?** *John the Baptist.*
- **Do you remember anything interesting about John?** *He wore camel hair and a leather belt, he ate locusts and honey, he baptized people in the river.*
- **Why did Jesus come to see John at the river?** *To be baptized.*
- **Who said, "This is my son and I love him?"** *God.*
- **Who should we listen to?** *God!*
- **I can listen to God's voice.**

MEMORY VERSE | Philippians 4:13 (NIV)

- **"I can do all this through him who gives me strength."**
- **INSTRUCTIONS:** *Use these hand motions to practice the memory verse together: give out stickers for participation.*

- **I can do all things**

(point to self)

through Christ

(point up)

who strengthens me

(flex muscles)

Philippians 4:13

(make bible with hands)

PRAYER

Ask for prayer requests and write prayer requests on a prayer card. Then pray together

- *Introduce preschoolers to prayer in practical ways. You can thank God for toys, ask God to heal hurts, and sing songs of prayer that say we love God. To go with this month's theme, invite Preschoolers to thank God for people who help us, like teachers, doctors, officers, and family.*
- God, thank you for always listening to us. Help us listen to your voice every day. Amen.

ACTIVITY | Paper Cup Phones

INSTRUCTIONS: *Fill water bottles halfway and add some food coloring before sealing the bottles. Give each kid a water bottle to shake and talk about the sounds they hear. Tell preschoolers just like we listen to water sounds, God listens to us.*

- **How do we listen to God?** When we listen to what the Bible says and follow the people who teach us God's words.
- Let's say this together: **I can listen to God's voice.**

PLAY TIME

ACTIVITY | Coloring Page

- **INSTRUCTIONS:** *Print and distribute the [coloring page](#) along with crayons or markers. As the kids color, you can review today's Bible story, Big Idea, and memory verse.*

Discuss with kids as they color about the bible story, memory verse and big idea. Remember, repetition is key :)

ACTIVITY | Director Says

Bethany- Gather all the kids on the rug after small groups, after everyone is ready have Elliot lead the activity

- **INSTRUCTIONS:** *Play a round of "Simon Says" by calling out different actions for kids to do and using the word "director" in the place of "Simon." Make sure you model the motions for them to follow. Some sample commands might be . . .*
 - *Stand on your tiptoes like a ballet dancer.*
 - *Hold a microphone like a singer.*
 - *Play air guitar like a musician.*
 - *Hold your belly like an opera singer.*
 - *Tap your feet like a tap dancer.*
 - *Move your arms like you're playing the violin.*
- Singers, dancers, actors, and musicians are all people who perform on a stage. But they don't just stand up and start singing or dancing or acting or playing their instruments. They have to listen to a director who guides them . . . just like you had to listen to the directions I gave you.
- We will learn more together about how to listen to God's voice.

PICK UP: *Bethany and Kat/Melissa*

-Call names, Check Tags and Parent Handouts

RUNNER: *Titus (Help direct kids to their parents)*

*** Everyone else- please sit with kids as names are called**

***After** *kids are picked up, please clean up and wipe down tables and chairs :)*