

# What Can I Do (4 years old- pre-k)

Week 2

## **BIG IDEA**

I can trust Jesus knows me.

## **BIBLE**

Jesus Calls Phillip and Nathanael: John 1:43-51

## WELCOME TIME

ACTIVITY | I Know You!

**CHECK IN:** Loren

**Bracelets:** Aislin

**SOUND:** Kevin

**ACTIVITY:** Ella

- **INSTRUCTIONS:** *Collect two of a few toys, like two red balls, two blue trucks, and two bunny dolls. Put all the toys in a pile and get the preschoolers to help you find each match. Then ask them to find another kid who was exactly like them. Tell preschoolers, "You are the only one exactly like you. Jesus knows all about you!"*
- Wow, you all know each other so well. But you know what? Jesus knows more than our names. Jesus knows everything about us. Isn't that cool?

**WELCOME AND RULES:** Aislin

1. Put Up
2. Sit Up
3. Look Up
4. Zip Up
5. Have Fun!

**Any Memory Verse Charts from last week?:** Kat/Melissa

If yes, bring them on stage for a picture and then remember when parents come, they can pick out a toy from the treasure chest.

**TITHES/OFFERINGS:** Kat/Melissa

**Books of the Bible:** Aislin- introduce the new testament- Matthew, Mark, Luke, John (do 3 or 4 times)

Kevin: please skip the old testament

**WORSHIP:** Ella

1. I can count on God

2. Stand Strong

## STORY TIME

BIG IDEA | I can trust Jesus knows me.- Loren

- **INSTRUCTIONS:**

- **What can I do?** Today's Big Idea says . . . **I can trust Jesus knows me!**
  - **I** (*Point to self.*)
  - **Trust** (*Prayer hands.*)
  - **Jesus** (*Point to sky.*)
  - **Knows me** (*Place hands on heart.*)

SCRIPTURE | John 1:43-51 (Jesus Calls Phillip and Nathanael)- Kat/Melissa

- **INSTRUCTIONS:** *Prepare props like stethoscopes, reflex hammers, bandages, and toy syringes to decorate your space and allow kids to play with.*
- **Where do you go when you are feeling sick? Who are the people who help you?**
  - - People like doctors, nurses, dentists, and emergency workers take care of all different kinds of sicknesses and pains. They have to get to know us to help us feel better.
    - Let's pretend you're getting a check-up!
    - **First, let's check your eyes.** Follow my finger with your eyes as I move it side to side.
    - **Now, let's check your hearing.** Close your eyes. Can you hear me clapping my hands?
    - **Next, let's check your heartbeat.** Make heart sounds with me – ba bump . . . ba bump . . . ba bump.
    - **And how about your teeth?** Everyone smile really wide!
  - In the Bible, in John chapter 1, we see that Jesus knows us even better than doctors do.
  - Jesus was starting to do God's work and he invited some people to join him. One of those people was Phillip. Phillip was so excited to meet Jesus that he went to go tell his friend Nathanael all about it.
  - Nathanael didn't really want to go with Phillip to meet Jesus at first. But Phillip told him that Jesus was the savior everyone had been waiting for.
  - When Nathanael finally met Jesus, he was so surprised at how well Jesus knew him! Jesus knew that Nathanael was a good guy and Jesus also knew Nathanael had been resting under a fig tree.
  - That was when Nathanael knew he could trust Jesus. That's why he chose to follow Jesus, too!

Pray

**I can do all things**

*(point to self)*

**through Christ**

*(point up)*

**who strengthens me**

*(flex muscles)*

**Philippians 4:13**

*(make bible with hands)*

**Loren - Play transitional video and then release to small groups**

## SHARING TIME

ACTIVITY | Circle Time

**Icebreaker-** Introduce yourself and get to know your small group kids

***Give out stickers for participation!***

***If children don't know the answer to a question, help by prompting them/giving hints or have them repeat the answer after you. ALWAYS use encouragement during small group time***

- **Who did Phillip want Nathanael to meet?** *Jesus.*
- **What did Jesus know about Nathanael?** *That he was a good guy and that he was sitting under a fig tree.*
- **Did Nathanael choose to follow Jesus?** *Yes!*
- **Who knows you better than anyone else?** *Jesus!*
- **What is something Jesus knows about you?**
- **I can trust Jesus knows me.**

MEMORY VERSE | Philippians 4:13 (NIV)

- **"I can do all this through him who gives me strength."**
- **INSTRUCTIONS:** *Use these hand motions to practice the memory verse together: ***give out stickers for participation.****

- **I can do all things**  
*(point to self)*

**through Christ**

(point up)

**who strengthens me**

(flex muscles)

**Philippians 4:13**

(make bible with hands)

PRAYER

**Ask for prayer requests and write prayer requests on a prayer card. Then pray together**

- Jesus, thank you for knowing us better than anyone in the whole world! Because we are sure you know us, we feel safe and loved. Amen.

## PLAY TIME

ACTIVITY | Coloring Page

- **INSTRUCTIONS:** Print and distribute the [coloring page](#) along with crayons or markers. As the kids color, you can review today's Bible story, Big Idea, and memory verse.

**Discuss with kids as they color about the bible story, memory verse and big idea. Remember, repetition is key :)**

ACTIVITY | Where Does It Hurt?

**Loren- Gather all the kids on the rug after small groups, after everyone have Aislin lead the activity**

- **INSTRUCTIONS:** On butcher paper, draw an outline of a person – you can ask one of the kids to lie down on the paper and trace them. Make red marks on the outline to represent ouchies. Kids will take turns running down to the butcher paper and putting their Band-Aid on one of the injuries to make the person better. Continue play until all of the injuries are better.
- Sometimes, we get hurt. We might fall down and bump our knee, or we might get a cut on our finger. If we have to go to the hospital, they might take our temperature, measure our height, listen to our heartbeat, or even take an x-ray to learn more about us and find the best way to help us.
- Jesus doesn't need to do any of that. Jesus knows everything about us. Not just the hurts on our bodies but even the hurts in our hearts. Sometimes we might feel sad

or mad or hurt. Jesus knows and he cares about us.

- **I can trust Jesus knows me.**

**PICK UP:** Loren and Kat/Melissa

**-Call names, Check Tags and Parent Handouts**

**RUNNER:** Kevin (Help direct kids to their parents)

**\* Everyone else- please sit with kids as names are called**

**\*After kids are picked up, please clean up and wipe down tables and chairs :)**