

What Can I Do

Week 3

BIG IDEA

I can trust God's plans for me.

BIBLE

Jesus Calls Andrew, Peter, James, and John: Mark 1:14
—20; Psalm 62:5—12

Check-in

Reagan: Play 5 minute countdown at 9:25/11:25

Check-In: Kelly G/Tanea

WELCOME

Welcome first time guests and explain bible bucks (100)

- **Bible bucks for Bibles (10)**

- **Remind to turn in homework (150) and say verse (100)**

- **ANNOUNCEMENTS:**

LARGE GROUP TIME

Welcome- Addison

Hey there, young professionals! It's our third week of *What Can I Do?* We've already learned that we can listen to God's voice and we can trust that Jesus knows us! The fun we have planned for today will help us learn about some important plans God has for us all!

WHAT? What are we talking about today?

ACTIVITY | Build A Building- Addison B.

- **INSTRUCTIONS:** Have 10-12 kids come play the game. *Divide your group into two teams. Have cups for each team. Kids must run up to a table one at a time and set one cup for a cup pyramid. Once a kid places a cup, they run back to tag*

the next person. This repeats for one minute. If the cups get knocked over at any time, the team must start over from the beginning. Whoever has the most complete tower at the end of the minute gets 50 bible bucks each

- **PRETEEN HACK:** To make this more challenging for preteens, provide a variety of supplies other than cups (boxes, cardboard tubes, egg cartons, foam blocks) and see which team can build the tallest or most stable tower.
- **ACCESSIBILITY HACK:** Kids with disabilities can fully participate in the activities with a little scaffolding and pairing up with peers. Try to include them in large group activities as much as possible and as they are willing to participate.
- Building things requires a lot of planning, even for a simple structure built out of cups. **What was your plan for getting this done well? Did anything happen that threw off your plans during this activity?**
- Sometimes, plans in life have to change, too, but we can be confident that God has special plans ahead for all of us.

MEMORY VERSE | Philippians 4:12-13 (NIV)- Lyida

- I have learned to be happy when I have all that I need and when I do not have the things I need. I can do all things through Christ because he gives me strength.

- **INSTRUCTIONS:**

- Introduce this months memory verse and explain its meaning. *Need help with what his verse means, [read this](#)*

Philippians 4:12b-13 is essentially saying that contentment is not dependent on external circumstances, such as whether you are well fed or hungry, or in abundance or in need. Contentment comes from Christ in us, and is free from dependence on circumstances. We can trust God to provide for our needs and not be consumed by materialism or anxiety. Christ can give contentment during times of plenty and poverty, and help us endure life's challenges

Write the scripture on a dry-erase board. Have kids recite the verse along with you. Erase a couple words at a time. Keep repeating until kids are able to recite the verse without seeing any words.

BIG IDEA | I can trust God's plans for me. -Lydia

- **INSTRUCTIONS:** *Introduce this weeks big idea*
- Everyone, let's gradually start clapping faster and faster in order to *build up* to the Big Idea reveal!
- Let's say it together: **I can trust God's plans for me.**

Tithes and offerings

Pray for: Pray for Krishna's physical, mental, emotional, social, and spiritual growth

Worship- Lydia & Addison B.

1. Praising
2. Same God

Video

SO WHAT? Why does it matter to God and to us?

SCRIPTURE | Mark 1:14–20 (Jesus Calls Andrew, Peter, James, and John)

Lydia- Release to small groups

Leaders: Please do not combine groups. Ideal small group size (3–5 kids)

Introduce yourself

Give out bible bucks for participation

- **INSTRUCTIONS:** have kids read Mark 1:14-20 in their bibles
- our Bible story for today is where Jesus showed a group of people that God had plans for them. **Let's check it out in Mark 1:14-20.**
- In this story, we find Jesus calling four of his disciples to follow him. Their names are Simon, Andrew, James, and John. All four of these guys had something in common. **Do you remember what it was?**
- That's right — they were fishers. Speaking of careers, that's a tough job! They went out every day to catch fish that they could sell to provide for their families. Some of them were in the family fishing business like James and John were with their dad, Zebedee.
- **What did Jesus say to them?** *To follow Jesus and become fishers of people.*
- Jesus came and interrupted their plans because he had much better plans for them. He told them that instead of fishing for fish, they could follow him and fish for people. That meant they would go with Jesus to tell more people about God.
- **How did they respond to Jesus' call?** *They left everything right away and followed Jesus.*
- When Jesus told them to follow him, they didn't wait, think it over for long, or let their worry about what might happen to their fishing business get in the way. They just trusted what Jesus said and followed him right away. Simon, Andrew, James, and John were among the first to become disciples of Jesus, and they did end up going out to "fish" for more people to follow Jesus, too!

STORY | That Time I Trusted God

- **INSTRUCTIONS:** *share a story about a time in your life when you didn't know or understand what God's plan was, but it all worked out in the end. share the emotions of feeling lost at times, but how you had faith to keep trusting God anyway.*
- Simon, Andrew, James, and John probably had a solid idea of what their future was going to look like. But when Jesus came along, they were willing to drop everything immediately and follow him. Something about Jesus made them

completely sure that it would be all worth it.

- Just like the first disciples, **I can trust God's plans for me.** And so can you!

SCRIPTURE | Psalm 62:5–12

- **INSTRUCTIONS:** *Read the passage or invite a volunteer to read it to the group.*
- The psalmist reminds us in this passage who we can trust and also some things that we shouldn't trust. We trust God, not because we have to, but because God is the one who gives us hope. God has shown us over and over that we are loved, and there is a plan for our lives.
- Placing our hope and trust in the wrong things or people can get us into real trouble. When we choose to trust God, we get to experience the beauty of all the ways God takes care of us.
- This psalm also reminds us that God is worthy of being trusted because God is our rock, our salvation, and our fortress . . . all really solid, unshakeable things. That goes for God's plans, too.
- **I can trust God's plans for me.**

NOW WHAT? What does God want us to do about it?

REFLECTION | Can I Trust God's Plans for Me?

- **INSTRUCTIONS:** *read aloud a few Bible verses that talk about God's plans, like Proverbs 3:5–6; Proverbs 16:9; Deuteronomy 31:8; Jeremiah 29:11; Romans 8:28; Psalm 33:11; Psalm 32:8. Have them discuss together some things they are learning about God's plans through these verses.*
 - **PRETEEN HACK:** *Have preteens practice their Bible literacy by having them look up all of these Scripture passages (and others you choose) on their own. You might want to provide highlighters and sticky notes for them to bookmark these verses in their Bibles.*
- **Focus on Psalm 62:6–7. What do these verses remind us about God? How do those things help us trust God's plans for us?** *God is our rock, salvation, fortress, mighty rock, and refuge. These verses remind us we can depend on God and trust God's plans*
- Sometimes the future seems so far away that we don't really stop to think about God's plans for us. Maybe that's not a bad thing. Maybe that means we trust whatever God has in store for us and we don't have to worry.
- Still, we can share our dreams about what the future might hold for us. When we do that, we are showing that we trust God with our future. That starts with learning what God's plans will be for our lives.
- **Where do you think we can find out more about that?** Yes, the Bible is an excellent source. The *most* excellent, if you ask me, because the Bible tells story after story about everything God has been doing since the beginning of time, especially in sending Jesus to save us — the greatest plan of all time.
- These Bible verses might not tell us specifically what God's plans are for each of us individually, but they do tell us that God definitely has plans. What's even better is that God follows through on those plans!

- **Why do you think it's important to think about the future right now?**
- **How is following Jesus part of God's plan for you? How do you know?**
- **What are some plans you think God might have (or you hope God has) for you?**

PRAYER

Have kids write their prayer requests down if they have them and pray for them to end small groups. Please turn in prayer request cards at the end of service

- God, thank you for having the best plans for us, especially the one where you sent Jesus to this world. Help us to trust everything you have planned for us, even when it's hard to imagine what they might be. Amen.

RESPONSE | My Career Log

- **INSTRUCTIONS:** *Each week's Response time is for kids to think creatively and connect what they learned from the Bible to what they can do about it now and in the future. Give each kid their Career Log books from last week. Have them write or draw today's response activity on the pages dedicated to this week.*
 - **PRETEEN HACK:** *In addition to thinking about God's plans for their lives, preteens can make their own plans about what they do during the week to spend time with God and love others. Print out a blank weekly or monthly planner and have them jot down their ideas. Then discuss how they can put those plans into action!*
- One of the best ways we can better learn God's plan for us is to spend time with God.
- **What is something you can do to spend more time with God?**
- **What is something you can give up or spend less time doing so that you can work towards understanding God's plans for you?**

SPIN IT TO WIN IT: Lydia (please have Bible Bucks ready to hand out), give a 3 minute warning at 10:25/12:25

PICK UP, CALL NAMES: Kayleah or Rachel

PICK UP, CHECK TAGS: Kelly G/Tanea

PICK UP, HAND OUTS:

KID STORE: Lydia and Addison

VERSE/SAVE TABLE: Reagan-(Store afterwards)

If you are not doing a task, engage with kids after service. Remember "they don't care how much you know until they know how much you care". YOU could be the reason a child wants to come to church.

Please clean up your small group space after kids are picked up